



FREE Instructor Seminar—Hosted by ISI District 8 with the McFetridge Sports Center featuring guest speaker Tom Hickey Saturday January 11, 2025

Schedule

12:30-12:45p Check In

12:45-1:30p Welcome, ISI Updates,
and Review of ISI Passing Standards
and Dance Steps presented by ISI
District 8 Board

1:30-2:30p Making Coaching Your
Business—Tom Hickey

2:30-2:45p Break and Skates on

2:45-3:45p Developing Your Group
Teaching for Learn to Skate and
Introductory Freestyle Levels—Tom
Hickey

3:45– 4p Questions and Wrap Up



Guest Coach Tom Hickey

Tom holds US National, International, Jr. World, and JR. Grand Prix Coach Credentials; PSA Master-Rated and PSA Level V Ranking, specializing in on and off-ice jump, edge skills, and conditioning for figure skaters and hockey players. His interests in technique and teaching methods take skaters to the next level of proficiency while still having fun. He has developed programs such as “Power Plus” (Dynamic Figure & Hockey Skills) and the Coaches Education Program (CEP), allowing him to guest coach and present in the USA, Mexico, Iceland, Brazil, South Africa, Singapore, Hong Kong, and more.

McFetridge Sports Center

3843 N California Ave, Chicago, IL 60618

Please RSVP by 1-6-2025 to hold your spot to
isidistrict8@gmail.com

